



Future Works® GAZETTE

Making Futures Great™

Karen Sands, MCC
Your Ultimate Guide
to the Future™



203-266-1100

[FWI Home](#) | [Coaching](#) | [Feature](#) | [A Note From Karen](#) | [Tools, Tips & How-To's](#) | [Meet Karen](#) | [Archives](#)

**In a Hurry?
Print the Gazette
Now!!**

Visit me on



January, 2010

Vol. VI, Issue 1

Published Monthly

You are receiving this ezine either because you have signed up for it, written to me, or a friend thought you would enjoy our ezine. I welcome you. Please accept this as my complimentary gift.

Ensure Delivery: Add
KarenSands@
FutureWorks
Institute.com and
KarenSands@
FutureWorks
Gazette.com
to your email
whitelist.



[Need A Speaker or
Expert?](#)

[Read more about
our Counseling &
Coaching Services](#)

[Click here to learn
more about your
Career Coach](#)

[Click here to find
out how
"TeleCoaching"
works](#)

Rock On To Your Greater Future *Easy Principles for Living in Your Groove*™

January's Principle:
LEVERAGE CHANGE

Experience has shown me that what keeps us on the road to great futures, personally and professionally, is to have a set of core tenets that guide us even when the going gets rough. Each month's issue of the Gazette is focused on one of these principles.

In This Issue

[Announcements](#) • [A Note From Karen](#) • [Feature](#)
[Karen Recommends](#) • [Tools, Tips & How-To's](#)
[Widening the Circle](#)

A Note From Karen

Happy New Year! I hope you enjoyed a great New Year's celebration with your family and friends.

Mark and I had an awesome time celebrating his miraculous recovery and the blessing of another wonderful year together. We reveled with our closest friends and gathered with our family. I am so grateful.

At last, 2010 is finally here, and I'm really thrilled -- I love the new-beginning feeling this time of year brings. Like a pregnant pause before the Universe is ready to deliver new surprises and renewed opportunities for success! [More...](#)

FEATURE

*Take your place on the great Mandala
As it moves through your brief moment of time
Win or lose now you must choose now
And if you lose you've only wasted your life.*

-Peter, Paul & Mary
The Great Mandala

Watching the "Apocalypse 2012" it's hard to believe there still is a future! But even Nostradamus believed that "Choice determines our

Announcements:

FREE
**Rock On to a
Greater Future**™
TELECLASS

Back
By Popular Demand
Limited Time Offer
Your **GIFT**
If You Reserve Now.

Thursday, Feb. 4,
2010

If you are ready to take your next step — even in these turbulent times — you will love this opportunity to strategize for a more successful and significant tomorrow while meeting others who share your same innovative and forward looking view.

**Reserve Your
Seat Now!**

[Learn More!](#)

Brand NEW!
FREE Every
Tuesday
Starts March 2,
2010



2010 Theme:



fate." So forget gloom-and-doom. With two years to go till the "Great Turning" that our ancient wisdom-keepers foresaw, we are being forced to re-examine, reorder and reorient ourselves -- both personally and professionally-- in ways we never imagined. [More...](#)

Karen Recommends

New Resolve/New Life/New Year
I just found this "life story" in my files; it's a great reminder for 2010, the last year of the new millennium's decade. Wow!: [More...](#)

Tools, Tips & How-To's

Here's something that I know you'll love. [More...](#)

Widening The Circle

When you look forward to the opening of the first months of 2010, are you able to say that you will use this recovery to your advantage? What are you doing to make your future rock?

[Please share your responses.](#)

To provide us with an opportunity to really address important issues that we are all facing, your input on what is relevant and timely matters. If you'd like to engage in this dialogue please email me with topics or questions you'd like addressed.

I also invite you to get some 'real time' with me and your elite cohorts on one of my complimentary limited time offer, [ROCK ON](#) teleclasses on Feb. 4th, and our upcoming weekly, [Future Works® Network](#) Member Meetings, launching March 2nd, 2010 @ Noon EST.

Are YOU A Change Agent?

Innovation is the hallmark of our generation. We are called to be **Masters of ReinventionSM** and **Everyday FuturistsSM** in creating today's new paradigm.

Future Works Institute is researching the critical strategies for catalyzing change and welcomes your stories and strategies for creating positive futures.

[Go to the Research Info page to find out more.](#)

Reinvention for the RecoverySM



Reserve Your Seat Now!

Learn More!



TELL A FRIEND!





In a Hurry?
Print the Gazette
Now!!

Visit me on



Jan, 2010

Vol. VI, Issue 1

Published Monthly

You are receiving this ezine either because you have signed up for it, written to me, or a friend thought you would enjoy our ezine. I welcome you. Please accept this as my complimentary gift.

Ensure Delivery: Add KarenSands@FutureWorksInstitute.com and KarenSands@FutureWorksGazette.com to your email whitelist.



[Need A Speaker or Expert?](#)

[Read more about our Counseling & Coaching Services](#)

[Click here to learn more about your Career Coach](#)

[Click here to find out how "TeleCoaching" works](#)

[← BACK](#)

A Note From Karen

Happy New Year! I hope you enjoyed a great New Year's celebration with your family and friends.

Mark and I had an awesome time celebrating his miraculous recovery and the blessing of another wonderful year together. We reveled with our closest friends and gathered with our family. I am so grateful.

At last, 2010 is finally here, and I'm really thrilled -- I love the new-beginning feeling this time of year brings. Like a pregnant pause before the Universe is ready to deliver new surprises and renewed opportunities for success!

Time's running out to sign up for YOUR next great opportunity of 2010 - and my gift to you. It's my **FREE ROCK ON!** Teleclass on Wednesday, February 4th @ Noon EST. Many of you have signed up, but if you haven't yet, you don't want to miss it.

The topic is all about creating your preferred future -- and it's a topic that's "on the money" for so many of you!

Believe me, this topic resonates with me too. Every year at this time, I re-examine and recommit to my preferred future!

If you haven't signed up yet for this free call, here's your chance...

[→ Reserve Your Seat Now!](#)

[Learn More!](#)

Next I will kick off a FREE ongoing weekly community forum, the [Future Works® Network](#) starting on TUESDAY, MARCH 2nd @ NOON EST. We are coming together to REINVENT YOUR FUTURE: A FORUM FOR THOSE READY TO ROCK THEIR WORLDSM. 2010's theme is **Reinvention for the RecoverySM**.

I'll be sharing all my "secrets of sustainable success" for ramping up a conscious business or becoming an enlightened leader, answering *What's Next?* and transforming your life, that I've acquired through the 30 years I've been coaching folks to create sustainable futures that matter. ---Helping them to ensure a rock solid tomorrow...saving you YEARS of frustration and MANY THOUSANDS OF DOLLARS. I want you to see that I'm someone who lives and breathes every single thing I'm going to share with you.

Announcements:

FREE
Rock On to a
Greater FutureSM
TELECLASS

Back
By Popular Demand
Limited Time Offer
Your **GIFT**
If You Reserve Now.

Thursday, Feb. 4,
2010

If you are ready to take your next step — even in these turbulent times — you will love this opportunity to strategize for a more successful and significant tomorrow while meeting others who share your same innovative and forward looking view.

[→ Reserve Your Seat Now!](#)

[Learn More!](#)

Brand NEW!
FREE Every
Tuesday
Starts March 2,
2010





The future will never be the same. Will you?

 **Reserve Your Seat Now!**

Learn More!



Karen Sands, MCC
Your Ultimate Guide to the FutureSM

 **BACK**

 **Top**

© 2010 Karen Sands/Future Works Institute, Ltd. All rights reserved. May not be duplicated, retransmitted or reproduced without permission. Future Works® is the registered trademark of Future Works Institute, Ltd.

WANT TO USE THESE ARTICLES IN YOUR E-ZINE OR WEB SITE? You can, as long as you include the following text in its entirety: Online entrepreneur Karen Sands, MCC, Your Ultimate Guide to the FutureSM, is the publisher of the complimentary monthly ezine, Future Works® Gazette and FutureWorksBlog.com. To sign up for our complimentary ezine and blog and to learn more about our tools for positively transforming yourself and your world, visit www.FutureWorksInstitute.com on your journey on the way to a greater future.

2010 Theme:
Reinvention for
the RecoverySM

 **Reserve Your Seat Now!**

Learn More!

 **TELL A FRIEND!**



In a Hurry?
Print the Gazette
Now!!

Visit me on



January, 2010

Vol. VI, Issue 1

Published Monthly

You are receiving this ezine either because you have signed up for it, written to me, or a friend thought you would enjoy our ezine. I welcome you. Please accept this as my complimentary gift.

Ensure Delivery: Add KarenSands@FutureWorksInstitute.com and KarenSands@FutureWorksGazette.com to your email whitelist.



[Need A Speaker or Expert?](#)

[Read more about our Counseling & Coaching Services](#)

[Click here to learn more about your Career Coach](#)

[Click here to find out how "TeleCoaching" works](#)

[← BACK](#)

Feature

*Take your place on the great Mandala
As it moves through your brief moment of time
Win or lose now you must choose now
And if you lose you've only wasted your life.*

~Peter, Paul & Mary
The Great Mandala

Watching the "Apocalypse 2012" it's hard to believe there still is a future! But even Nostradamus believed that "Choice determines our fate." So forget gloom-and-doom. With two years to go till the "Great Turning" that our ancient wisdom-keepers foresaw, we are being forced to re-examine, reorder and reorient ourselves -- both personally and professionally-- in ways we never imagined.

Let's face it: if you are in your 50's or 60's, lost your job or business and/or your home to foreclosure, the future looks bleak. If you are younger it will be difficult, but doable because you have time on your side. If inflation doesn't come roaring back, most of us will land fully on our feet. Some will even make fortunes.

Factoid:

The New York Times Sat. December 05, 2009

[Jobs Report Is Strongest Since the Start of the Recession](#)

By LOUIS UCHITELLE

The sudden and unexpected improvement in job losses in November surprised even the most optimistic forecasters, as employers all but stopped shedding jobs.

Future Factoid:

World Future Society forecasts for the decade ahead:

The recession could cause the U.S. labor force to grow. An increase in the U.S. labor force means that more people will be competing for jobs in the short term, adding to stress on U.S. job seekers. Increased competition also means that the U.S. labor force will become more efficient as higher caliber employees fill vacancies.

World Trends & Forecasts, May-June 2009, p.16

Keep On Keepin' On

Announcements:

FREE
Rock On to a
Greater Future™
TELECLASS

Back
By Popular Demand
Limited Time Offer
Your **GIFT**
If You Reserve Now.

Thursday, Feb. 4,
2010

If you are ready to take your next step — even in these turbulent times — you will love this opportunity to strategize for a more successful and significant tomorrow while meeting others who share your same innovative and forward looking view.

Reserve Your Seat Now!

[Learn More!](#)

Brand NEW!
FREE Every
Tuesday
Starts March 2,
2010



2010 Theme:



For so many of us, the last few years have been personally and collectively challenging. Calling forth all our strength, demanding we dip/g deep into our spiritual well and hone our emergency tool kits so that no matter what chaos touches us, we can return to center. It's not easy. But mandatory. (I know. I've been there too.)

This downturn is different than past recessions: most of the jobs lost will not come back. Instead of the usual cyclical contraction of jobs, this time the change is structural... leaving us with permanent shrinkage or total loss of industries and markets. If we haven't stayed ahead of the curve of change, we may find ourselves with outmoded skill sets, markets evaporating before our eyes and clients slipping through our grasp. At some point each of us wondering if we have what it takes to keep on keepin' on.

Factoid:

[Job Dissatisfaction Hits 22_yr High!](#)

But let me remind you that this is the time to Rock On!

In nature where ever there is a vacuum, something new rushes in to fill the space. In the wake of volcanic destruction, new life flowers in hardened lava. The creative process takes over. It is in this sacred emptiness where creative inspiration ignites and new opportunities emerge. This is where we will transform the dross of left over dreams into the gold of new promise and possibility.

Yes it will be far tougher than you or any of us envisioned. But stop there! Things change in a moment! Lest we forget, we are here one moment, then gone. Change isn't stopping for any of us. In fact, its not slowing down one bit.

Born a 1&1/2 lb. preemie, my folks were told that I wouldn't survive. So I learned early on that the future is not predictable. My mother taught me that our destiny was "written" — But "somehow" I knew that the future is not predetermined. Our Soul's purpose and reason for being may be scribed in the Akashic Records, but it is our free will to make choices in the present that influence future outcomes.

What a relief, albeit years later, to find out I was spot on all along! I received confirmation from a source I would never have guessed. I met and studied with the great Dr. W. Edwards Deming, (*Godfather of Continuous Quality Improvement*). As an elder he had already reached a point of integration with his teachings and his deepening appreciation of the interconnectedness of everything. Deming gave me the concrete science and mathematical tools to legitimize my inner knowing. Yes our choices today do profoundly influence our future.

Questions come first. Answers later.

Every time I speak on reinvention and re-careering, I find that everyone is asking the same questions and having similar concerns about how to reinvent their careers or their firm, their personal lives... and our world. We all want quick resolution. But transition is never without its thorny detours and dead-ends. Questions come first. Answers later.

There's a mind-shift taking place. Our conversation is changing. Of

Reinvention for
the RecoverySM



**Reserve Your
Seat Now!**

Learn More!



TELL A FRIEND!

course we all want security and freedom no matter our age or economic status. But what I'm hearing these days are that *meaningful connections* and *a life that matters* tops the list of "Must Haves" for everyone.

The underlying conversation doesn't change whether I'm with a group of high-powered sales professionals, a mixed group of experienced career changers, new retirees or professionals wanting to rise to the top of where they are. Its the same yearning for a forty-six year old world traveler just deciding to settle down -- even if it means changing careers to do so -- as it is for a 40 yr old new Mom who opts out off the fast track so she can balance work and a new baby, or for a 50-*something* experienced empty-nester giving back after taking early retirement.

The good news is that this "Great Recession" is turning us upside down and inside out. What used to addictively drive us no longer does, or at least not in the same way. The upside of downsizing is that we are considering changing venues in record numbers. Many careerists long to make voluntary career moves but are staying put, while forced-out job seekers are starting all over. Boomers and Matures (over 60) are realizing the future is here and we is "it". Gen X'ers and Millennials want life with purpose and greater connection. The over 50 crowd are just realizing this!"

NEW YEAR RESOLUTIONS:

Like Lemmings going over the cliff in droves, each of us starts the New Year with great resolutions. Me included:) But few of us take the time to set our grand intentions for our future in motion. Not surprising since most of us have a hard time seeing the future when the present is pushing us forward at breakneck speed. With time seemingly slipping through our hands, its easy to act hastily making choices on-the-run in hopes of satisfying our unrelenting *Inner Tyrants* shouting "I want it. I want it NOW!"

We've all been rewarded to produce, produce, produce. So most of us jump first to "What do I have to do?" or "How many more clients can I get?" When what would serve us the best is to ask the *right* deeper questions, even if we haven't a clue what the answers will be. I've seen so many really savvy high functioning achievers skip this most important phase in leading or making change to a preferred future.

TIME OUT FOR SELF-DISCOVERY

With radical social and economic breakdowns becoming the new norm, massive structural shifts are being put into motion. These epoch changes are forcing more and more of us to seek the profound knowledge and critical skill sets needed to move through change and to create sustainable success in our careers and personal futures.

Living with uncertainty requires us to follow the Lexus RX and the Cadillac's SRX 60 selection of ad copy which reflects our growing conversation about our personal futures: *Repurpose, Reimagine, Redesign, Reintegrate, Reconnect, Reposition*. These all add up to what I call *Reinventing Sustainable Success*.

Whenever we find ourselves in the "middle of the muddle" just remember that this involuntary shakeup of *what was* is a signal that

we've been given a "time out". Just like our kids we all need permission to disengage so we can regroup and get back in sync. It's a perfect time to re-examine the life you've lived and career path you are on. Take time to rediscover what your strengths and values are as well as your value-added assets. (Do this about your firm or workplace too.)

Discover your personal brand of success

Before you attempt to gain an edge in the current crowded and highly competitive marketplace, it is mandatory that you take time out to **redefine successSM**. If you don't what to measure, how will you know when you've "arrived"? This is the starting point for all creative reinvention and transformation.

If you truly want to work on the Soul-level to create a sustainable future that matters, begin by asking yourself the deeper questions and waiting for your *SoulSpeakSM* to emerge and messengers to arrive. Stay out of your head, get back down into your body where your Soul, your inner sacred feminine, resides. Trust your inner knowing to lead you to discover new success criteria so you can create a clear vision of the future you want.

Be sure to take a big picture systems view to evaluate your new key **Success CriteriaSM** in all the new choices you make.

While the future is unpredictable, understanding the forces of change and embracing all the possible ways in which we can influence the future, we can ready ourselves to meet the future with confidence and soulfulness.

 **BACK**

 **Top**

© 2010 Karen Sands/Future Works Institute, Ltd. All rights reserved. May not be duplicated, retransmitted or reproduced without permission. Future Works® is the registered trademark of Future Works Institute, Ltd.

WANT TO USE THESE ARTICLES IN YOUR E-ZINE OR WEB SITE? You can, as long as you include the following text in its entirety: Online entrepreneur Karen Sands, MCC, Your Ultimate Guide to the FutureSM", is the publisher of the complimentary monthly ezine, Future Works® Gazette and FutureWorksBlog.com. To sign up for our complimentary ezine and blog and to learn more about our tools for positively transforming yourself and your world, visit www.FutureWorksInstitute.com on your journey on the way to a greater future.



Future Works® GAZETTE

Making Futures Great™

Karen Sands, MCC
Your Ultimate Guide
to the FutureSM



203-266-1100

[FWI Home](#) | [Coaching](#) | [Feature](#) | [A Note From Karen](#) | [Tools, Tips & How-To's](#) | [Meet Karen](#) | [Archives](#)

**In a Hurry?
Print the Gazette
Now!!**

Visit me on



January, 2010

Vol. VI, Issue 1

Published Monthly

You are receiving this ezine either because you have signed up for it, written to me, or a friend thought you would enjoy our ezine. I welcome you. Please accept this as my complimentary gift.

Ensure Delivery: Add
KarenSands@
FutureWorks
Institute.com and
KarenSands@
FutureWorks
Gazette.com



[Need A Speaker or Expert?](#)

[Read more about our Counseling & Coaching Services](#)

[Click here to learn more about your Career Coach](#)

[Click here to find out how "TeleCoaching" works](#)



[← BACK](#)

Karen Recommends

New Resolve/New Life/New Year

I just found this "life story" in my files, it's a great reminder for 2010, the last year of the new millennium's decade. Wow!

In times of overwhelming challenges what often follows is a sense of resignation and hopelessness - If you are asking "What can I do to make any difference in the face of these turbulent changes?", then this story is just for you:

Nkosi Johnson's mantra is especially inspiring at this time. As you probably know he was born with AIDS, was an activist from the age of six, spoke to an audience of 10,000 people at an international AIDS conference at the age of eleven, and died from the disease at the age of twelve. One person really can make a difference.

He would urge people on with his mantra: *"Do all you can, with what you have, in the time you have, in the place you are in."*

Karen Sands, MCC

Your Ultimate Guide to the FutureSM

[← BACK](#)



© 2010 Karen Sands/Future Works Institute, Ltd. All rights reserved. May not be duplicated, retransmitted or reproduced without permission. Future Works® is the registered trademark of Future Works Institute, Ltd.

WANT TO USE THESE ARTICLES IN YOUR E-ZINE OR WEB SITE? You can, as long as you include the following text in its entirety: Online entrepreneur Karen Sands, MCC, Your Ultimate Guide to the FutureSM, is the publisher of the complimentary monthly ezine, Future Works® Gazette and FutureWorksBlog.com. To sign up for our complimentary ezine and blog and to learn more about our tools for positively transforming yourself and your world, visit www.FutureWorksInstitute.com on your journey on the way to a greater future.

Announcements:

**FREE
Rock On to a
Greater FutureSM
TELECLASS**

Back
By Popular Demand
Limited Time Offer
Your **GIFT**
If You Reserve Now.

Thursday, Feb. 4,
2010

If you are ready to take your next step — even in these turbulent times — you will love this opportunity to strategize for a more successful and significant tomorrow while meeting others who share your same innovative and forward looking view.

[→ Reserve Your Seat Now!](#)

[Learn More!](#)

Brand NEW!
FREE Every
Tuesday
Starts March 2,
2010

TAKE A SEAT AT THE
FUTURE WORKS® NETWORK
**REINVENT
YOUR FUTURESM**



Reinvention is Revolution
We can do it again!



Future Works® GAZETTE

Making Futures Great™

Karen Sands, MCC
Your Ultimate Guide
to the FutureSM



203-266-1100

[FWI Home](#) | [Coaching](#) | [Feature](#) | [A Note From Karen](#) | [Tools, Tips & How-To's](#) | [Meet Karen](#) | [Archives](#)

**In a Hurry?
Print the Gazette
Now!!**

Visit me on



January, 2010

Vol. VI, Issue 1

Published Monthly

You are receiving this ezine either because you have signed up for it, written to me, or a friend thought you would enjoy our ezine. I welcome you. Please accept this as my complimentary gift.

Ensure Delivery: Add KarenSands@FutureWorksInstitute.com and KarenSands@FutureWorksGazette.com to your email whitelist.



[Need A Speaker or Expert?](#)

[Read more about our Counseling & Coaching Services](#)

[Click here to learn more about your Career Coach](#)

[Click here to find out how "TeleCoaching" works](#)

← **BACK**

Tools, Tips & How-To's

Here's something that I know you'll love.

Each day ask yourself what would make it your best *last day* on the planet? Where would you be? What would you be doing? With others? Who would you want to tell what to? How do you want to be remembered? For what? By whom?

← **BACK**

© 2010 Karen Sands/Future Works Institute, Ltd. All rights reserved. May not be duplicated, retransmitted or reproduced without permission. Future Works® is the registered trademark of Future Works Institute, Ltd.

WANT TO USE THESE ARTICLES IN YOUR E-ZINE OR WEB SITE? You can, as long as you include the following text in its entirety: Online entrepreneur Karen Sands, MCC, Your Ultimate Guide to the FutureSM, is the publisher of the complimentary monthly ezine, Future Works® Gazette and FutureWorksBlog.com. To sign up for our complimentary ezine and blog and to learn more about our tools for positively transforming yourself and your world, visit www.FutureWorksInstitute.com on your journey on the way to a greater future.

Announcements:

**FREE
Rock On to a
Greater FutureSM
TELECLASS**

Back
By Popular Demand
Limited Time Offer
Your **GIFT**
If You Reserve Now.

Thursday, Feb. 4,
2010

If you are ready to take your next step — even in these turbulent times — you will love this opportunity to strategize for a more successful and significant tomorrow while meeting others who share your same innovative and forward looking view.

 **Reserve Your
Seat Now!**
Learn More!

Brand NEW!
FREE Every
Tuesday
Starts March 2,
2010



2010 Theme: