



Future Works INSTITUTE

Creating Greater Tomorrows...Today™

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Making
Futures
Great™



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**In a Hurry?
Print the Gazette
Now!!**

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Rock On To Your Greater FutureSM

Easy Principles for Living in Your GrooveSM

January/February, 2009 Principle: Motion is Momentum

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A Note From Karen

Saying Hello to '09:

Welcoming the New Year comes with mixed emotions knowing that it's going to get more intense. Breakdowns both small and large will continue to shadow us. I know first hand, as most of you do, that change is the only constant we can count on.

I've had to re-acquaint myself with tried and true constants and treasured principles that hold true for all of us whether we are going through a cyclical change or one that is structural...or both at the same time as most of us are now. [more...](#)

Feature - Motion is Momentum

Announcements:

Brand NEW!
F*R*E*E* Every Week
Starts April '09

Take a seat at the Future Works' Network

Reinvent Your World™



Reinvention is Revolution
We can do it again!

FREE! Reserve now!

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2009 Theme:
**Reinvention for the
RecessionSM**

[Free! Reserve now!](#)
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Get your motor runnin'
Head out on the highway
Lookin' for adventure
And whatever comes our way
Yeah Darlin' go make it happen
Take the world in a love embrace
Fire all of your guns at once
And explode into space

~Steppenwolf, Born to be Wild

It's no surprise the NYT reported that Evangelical churches are having a rush of new parishioners. We all need faith in unstable times. These days it's almost impossible to hold a vision of a better tomorrow. We move between fear and hope. "Yes we can" is our mantra. But each week brings more shock waves as what we know to be true gets flamed.

I don't know, said a client of mine used to live in the fast lane. The whole thing just makes you question your assumptions. ~~ You've made it doing what you knew worked. And you did it so well. But now the game has changed. [more...](#)

Karen Recommends:

When the going gets rough I always get a quick lift by returning to Dr. Seuss' book, ***Oh the Places You Will Go!*** It's a great primer for your kids and a timely read for you and me.

Tools, Tips & How-To's:

Now you can keep on rockin'. Let me share one of my Secrets of Reinvention™: "You are never too old to rock."

For years I've facilitated *Great Ecstasy*™ groups incorporating "ecstatic dance movement" into my in-person work. Getting down always works like a charm to shift perspective and reveal something new or that which has been hidden. Moving out of our heads and into our body is invaluable in times like these. It can be as rewarding and even more energizing than meditation—combined these practices provide a way to ensure we stay in motion -- gaining momentum when everything else seems to be stuck in neutral. [more...](#)

Widening the Circle

When you look forward to the unfolding of 2009, are you able to say that you will stand fully in your own shoes, live your truth and keep in motion? What are you doing to make your future rock?

[Please share your responses.](#)

To provide us with an opportunity to really address important issues that

we are all facing, your input on what is relevant and timely matters. If you'd like to engage in this dialogue please email me with topics or questions you'd like addressed.

I also invite you to get some "real time" with me and your elite cohorts on one of my complimentary teleseminars and upcoming weekly [Future Works® Network Member Meetings](#).

Are you a Change Agent?

Innovation is the hallmark of our generation. We are called to be masters of reinvention in creating today's new paradigm.

Future Works Institute is researching the critical strategies for catalyzing change and welcomes your stories and strategies for creating positive futures.

Go to the [Research Info](#) page.



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